## WHAT IS CLAIMED IS:

1. A sealed blister assembly comprising:

a plastic sheet having a recess formed therein, the recess having a perimeter all around an opening into the recess, and the perimeter further comprising an undercut;

a plastic lid adapted to attach to the perimeter of the recess and cover the opening into the recess, the plastic lid comprising a raised ridge having an outside edge adapted to engage the undercut of the plastic sheet around the entire perimeter,

wherein the engagement of the ridge and undercut forms a seal, whereby a sealed blister is formed from the plastic lid and the recess of the plastic sheet.

- 2. The sealed blister assembly described in claim 1, wherein the plastic sheet comprises a plurality of recesses, and wherein the plastic lid comprises a corresponding plurality of ridges to form a plurality of sealed blisters.
- 3. The sealed blister assembly described in claim 1, wherein the outside edge of the ridge comprises walls that flare outwardly.
- 4. The sealed blister assembly described in claim 1, wherein the undercut comprises sidewalls, the outside edge of the ridge comprises walls, and the sealed blister results from the engagement of the undercut sidewalls and ridge walls.

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- 5. The sealed blister assembly described in claim 3, wherein the undercut comprises sidewalls and the sealed blister results from the engagement of the undercut sidewalls and ridge walls.
- 6. The sealed blister assembly described in claim 1, wherein the plastic sheet is comprised of polyethylene.
- 7. The sealed blister assembly described in claim 1, wherein the plastic lid is comprised of polyethylene.
- 8. The sealed blister assembly described in claim 6, wherein the plastic lid is comprised of polyethylene.
- 9. The sealed blister assembly described in claim 5, wherein the undercut sidewalls flare outwardly in a corresponding fashion to the flared ridge walls.
- 10. The sealed blister assembly described in claim 4, further wherein the undercut sidewalls are shorter than the ridge walls.
- 11. The sealed blister assembly described in claim 1, further wherein the sealed blister is used for packaging a medication and the sealed blister meets or exceeds the requirements to be a U.S.P. Class A individual unit-dose container.

- 12. The sealed blister assembly described in claim 1, further wherein the sealed blister is used for packaging a medication and the sealed blister meets or exceeds the requirements to be a U.S.P. Class B individual unit-dose container.
- 13. A package assembly for dispensing a pharmaceutical medication comprising:
  a plastic sheet having a medication receiving recess formed therein and with a
  substantially planar shoulder portion disposed along the peripheral portion of the sheet and
  further with a perimeter around the recess;
- a pharmaceutical medication positioned in said recess of said plastic sheet;
  a plastic lid positioned in an overlying relationship to the plastic sheet, the plastic lid
  comprising a raised ridge having an outside edge corresponding to the perimeter of the recess and
  frictionally engaging the perimeter to thereby close the recess and seal the medication therein.
- 14. The package assembly set forth in claim 13, wherein the perimeter further comprises an undercut, and the ridge frictionally engages the undercut to seal the medication therein.
- 15. The package assembly set forth in claim 13, wherein the plastic sheet comprises a plurality of recesses, wherein pharmaceutical medication is positioned in each recess, and wherein the plastic lid comprises a corresponding plurality of ridges to form a plurality of medication containing sealed blisters.